

2016 Allina Health Autumn Woods Classic

Race: Arcteryx 5K

# Arcteryx 5K Awards

Awards policy: GENDER, MASTERS

Generated by Mary Anderson

on Oct 16, 2016 10:06:42am EDT

<b>RANK</b>	<b>NAME</b>	<b>HOMETOWN</b>	<b>PR_DIV</b>	<b>AWARD TIME</b>	<b>PACE</b>	<b>BIB</b>
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## Female

1	KAELYN NELSON	Anoka, MN	1-12 f	00:21:46.12	07:01	554
2	LISA OVERMAN	Dayton, MN	30-39 f	00:21:50.44	07:02	488
3	ALLISON JUDA	MAPLE GROVE, MN	20-29 f	00:23:42.56	07:38	379

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### Male

1	BROOKS GROSSINGER	MAYER, MN	30-39 m	00:17:35.29	05:40	77
2	ETHAN GENTEMAN	Minneapolis, MN	20-29 m	00:18:44.01	06:02	547
3	BOBBY CHOKDEE	Rogers, MN	40-49 m	00:19:22.93	06:15	542

### 1-12 f

	<del>KAELYN NELSON</del>	<del>Anoka, MN</del>	<del>1-12 f</del>	<del>00:21:46.12</del>	<del>07:01</del>	<del>554</del>
1	ELLIE GROSSMAN	Brooklyn Park, MN	1-12 f	00:27:00.55	08:42	284
2	ALLISON MUELLER	Champlin, MN	1-12 f	00:28:40.94	09:14	97
3	RUBY STOCKHAM	BIG LAKE, MN	1-12 f	00:29:18.44	09:26	47

### 1-12 m

1	ADAM SCHAUST	DAYTON, MN	1-12 m	00:22:24.93	07:13	250
2	WILLIAM MAHER	CHAMPLIN, MN	1-12 m	00:22:46.44	07:20	229
3	ISAAC PLESSEL	MAPLE GROVE, MN	1-12 m	00:23:01.84	07:25	225

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### **13-15 f**

1	OLIVIA STOCKHAM	BIG LAKE, MN	13-15 f	00:28:13.83	09:06	48
2	CORA NELSON	MAPLE GROVE, MN	13-15 f	00:30:14.44	09:45	154
3	MADELINE ROSS	MAPLE GROVE, MN	13-15 f	00:34:07.07	10:59	338

### **13-15 m**

1	GRANT NELSON	MAPLE GROVE, MN	13-15 m	00:20:01.36	06:27	152
2	PETER TEIGLAND	Excelsior, MN	13-15 m	00:24:25.71	07:52	136
3	COLLIN POLLEI	Maple Grove, MN	13-15 m	00:24:50.56	08:00	537

### **16-19 f**

1	CLAIRE REID	MAPLE GROVE, MN	16-19 f	00:28:36.77	09:13	144
2	ALEXA MUYLAERT	zimmerman, MN	16-19 f	00:30:40.38	09:53	400
3	MADISON PETERSON	New Hope, MN	16-19 f	00:31:18.75	10:05	429

### **16-19 m**

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RANK	NAME	HOMETOWN	PR_DIV	AWARD TIME	PACE	BIB
1	BAILEY KROLNIK	BROOKLYN PARK, MN	16-19 m	00:21:19.59	06:52	255
2	TOBIAS SCHAEFER	SOUTH HAVEN, MN	16-19 m	00:25:27.18	08:12	53
3	SPENCER FEGGESTAD	Champlin, MN	16-19 m	00:31:55.01	10:17	409

### 20-29 f

	<del>ALLISON JUDA</del>	<del>MAPLE GROVE, MN</del>	<del>20-29 f</del>	<del>00:23:42.56</del>	<del>07:38</del>	<del>379</del>
1	DANIELLE ADANK	MAPLE GROVE, MN	20-29 f	00:24:52.01	08:01	382
2	JESSICA SORBEL	Plymouth, MN	20-29 f	00:25:53.90	08:21	135
3	KATHRYN MAGNUSON	Coon Rapids, MN	20-29 f	00:26:30.23	08:32	501

### 20-29 m

	<del>ETHAN GENTEMAN</del>	<del>Minneapolis, MN</del>	<del>20-29 m</del>	<del>00:18:44.01</del>	<del>06:02</del>	<del>547</del>
1	PHILLIP JUDA	MAPLE GROVE, MN	20-29 m	00:19:40.16	06:20	380
2	JOSH HANDELAND	Crystal, MN	20-29 m	00:21:55.54	07:04	149
3	NICHOLAS WREN	Woodbury, MN	20-29 m	00:24:46.67	07:59	84

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RANK	NAME	HOMETOWN	PR_DIV	AWARD TIME	PACE	BIB
<b>30-39 f</b>						
	<del>LISA OVERMAN</del>	<del>Dayton, MN</del>	<del>30-39 f</del>	<del>00:21:50.44</del>	<del>07:02</del>	<del>488</del>
1	KELLY VAN DYKE	Saint Paul, MN	30-39 f	00:23:48.79	07:40	567
2	JEANETTE AWRAMKO	HOPKINS, MN	30-39 f	00:24:06.64	07:46	117
3	LORA JOHNSON	Minneapolis, MN	30-39 f	00:24:10.12	07:47	51

**30-39 m**

	<del>BROOKS GROSSINGER</del>	<del>MAYER, MN</del>	<del>30-39 m</del>	<del>00:17:35.29</del>	<del>05:40</del>	<del>77</del>
1	RYAN SCHROFE	Osseo, MN	30-39 m	00:20:02.45	06:28	559
2	JAKE PEDERSON	DELANO, MN	30-39 m	00:20:21.19	06:34	99
3	JON HOWARD	maple grove, MN	30-39 m	00:22:24.23	07:13	522

**40-49 f**

1	GENTIAN BRIDGEMAN	Minneapolis, MN	40-49 f	00:23:45.40	07:39	76
2	KIM PLESSEL	MAPLE GROVE, MN	40-49 f	00:24:29.72	07:54	226
3	MICHELE STOCKHAM	BIG LAKE, MN	40-49 f	00:25:01.16	08:04	49

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RANK	NAME	HOMETOWN	PR_DIV	AWARD TIME	PACE	BIB
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**40-49 m**

	<del>BOBBY CHOKDEE</del>	<del>Rogers, MN</del>	<del>40-49 m</del>	<del>00:19:22.93</del>	<del>06:15</del>	<del>542</del>
1	ANDREW KROLNIK	BROOKLYN PARK, MN	40-49 m	00:22:29.57	07:15	256
2	KEVIN NOTH	Bloomington, MN	40-49 m	00:24:10.97	07:48	34
3	BRIAN RAYMON	Maple Grove, MN	40-49 m	00:24:42.28	07:58	332

**50-59 f**

1	JANINE DESPLINTER	Rogers, MN	50-59 f	00:24:49.47	08:00	58
2	DENISE SHEEHAN	Osseo, MN	50-59 f	00:25:47.13	08:18	568
3	TERRIE SAUSER	Monticello, MN	50-59 f	00:29:03.90	09:22	538

**50-59 m**

1	JAY POTRATZ	Oshkosh, WI	50-59 m	00:22:03.80	07:07	407
2	KEN BRIDGEMAN	Minneapolis, MN	50-59 m	00:22:29.39	07:15	75
3	THOMAS BREIDENBACH	Maple Grove, MN	50-59 m	00:23:27.14	07:33	496

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### 60-69 f

1	LISA TRADEWELL	Excelsior, MN	60-69 f	00:32:18.23	10:24	222
2	CHRIS VAN	HOPKINS, MN	60-69 f	00:32:24.30	10:26	266
3	BECKY SANDER	OSSEO, MN	60-69 f	00:42:01.54	13:32	174

### 60-69 m

1	MARTY TEIGEN	Minneapolis, MN	60-69 m	00:20:52.98	06:44	146
2	JOHN HOKANSON	MAPLE GROVE, MN	60-69 m	00:23:04.34	07:26	111
3	SCOTT WIEKER	Minneapolis, MN	60-69 m	00:24:22.58	07:51	203

### 70+ f

1	LOIS POTRATZ	Champlin, MN	70+ f	00:50:06.86	16:08	404
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### 70+ m

1	GERALD KEGLER	Plymouth, MN	70+ m	00:35:02.51	11:17	412
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2	SCOTT LAVOLD	plymouth, MN	70+ m	00:56:56.44	18:20	473
3	PAT LAVOLD	plymouth, MN	70+ m	00:57:43.14	18:35	474