

**CYSTIC FIBROSIS STAIR CLIMB  
IDS TOWER, MINNEAPOLIS, MN FEB 5, 2011 7:00 A.M.**

**FITNESS CHALLENGE OVERALL**

<b>Place No.</b>	<b>Name</b>	<b>Sex</b>	<b>Club</b>	<b>Race</b>	<b>Time</b>	<b>Pace</b>
1	1230 CJ Faulkner	M	Daniel's Cyclists	Fitness Challenge	7:42	0:10
2	946 Jacob Jonas	M	Anytime on Grand Avenue	Fitness Challenge	8:47	0:11
3	997 Guy Alvarez	M	Daniel's Cyclists	Fitness Challenge	8:50	0:11
4	1319 Michael Gayle	M	Mgayle Studio	Fitness Challenge	9:10	0:11
5	981 Nathan Brine	M	Catalyst Institute	Fitness Challenge	9:14	0:12
6	1784 Kirt Goetze	M		Fitness Challenge	9:20	0:12
7	940 Al Fonseca	M	Anytime on Grand Avenue	Fitness Challenge	9:22	0:12
8	942 Brent Fredrickson	M	Anytime on Grand Avenue	Fitness Challenge	9:32	0:12
9	1324 Alexander Smith	M	Mgayle Studio	Fitness Challenge	9:45	0:12
10	1317 Sean Dunn	M	Mgayle Studio	Fitness Challenge	9:50	0:12
11	961 Kevan Mattson	M	Buffalo Anytime Fitness	Fitness Challenge	9:52	0:12
12	1788 Tim Lawrence	M	Anytime on Grand Avenue	Fitness Challenge	9:56	0:12
13	982 Jared Lutz	M	Catalyst Institute	Fitness Challenge	9:59	0:12
14	947 Michael Meyer	M	Anytime on Grand Avenue	Fitness Challenge	10:05	0:13
15	1243 Justin Crank	M	Fitness 101	Fitness Challenge	10:26	0:13
16	1242 Kyron Christopherson	F	Fitness 101	Fitness Challenge	10:27	0:13
17	1250 Josh Lemm	M	Fitness 101	Fitness Challenge	10:28	0:13
18	1782 Elizabeth Ilashinski	F	Mgayle Studio	Fitness Challenge	10:34	0:13
19	1392 Jesse Penman	M	Rotaract Racers	Fitness Challenge	10:38	0:13
20	1778 Eric Tostrud	M	Victory4You Fitness	Fitness Challenge	10:40	0:13
21	1241 Kala Christensen	F	Fitness 101	Fitness Challenge	10:46	0:13
22	1393 Katherine Russell	F	Rotaract Racers	Fitness Challenge	10:49	0:13
23	1386 Katelin Barraclough	F	Rotaract Racers	Fitness Challenge	10:53	0:14
24	958 Lisa Ingersoll	F	Buffalo Anytime Fitness	Fitness Challenge	10:53	0:14
25	968 Jenna Wills	F	Buffalo Anytime Fitness	Fitness Challenge	10:55	0:14
26	1290 Vince Primoli	M	Jessa & Dani's Team	Fitness Challenge	10:55	0:14
27	1789 Beth Iverson	F	Fitness 101	Fitness Challenge	10:55	0:14
28	959 Sheri Jarman	F	Buffalo Anytime Fitness	Fitness Challenge	10:56	0:14
29	967 Tony Tripp	M	Buffalo Anytime Fitness	Fitness Challenge	11:05	0:14
30	1785 Mike Pauerneister	M	Rotaract Racers	Fitness Challenge	11:08	0:14
31	1390 Todd Fairchild	M	Rotaract Racers	Fitness Challenge	11:08	0:14
32	954 John Hajewski	M	Buffalo Anytime Fitness	Fitness Challenge	11:09	0:14

33	1395 Ali Vance	F	Rotaract Racers	Fitness Challenge	11:11	0:14
34	1240 Derek Bluhm	M	Fitness 101	Fitness Challenge	11:11	0:14
35	1252 Rita Sand	F	Fitness 101	Fitness Challenge	11:11	0:14
36	1391 Josh Nuemann	M	Rotaract Racers	Fitness Challenge	11:16	0:14
37	995 Michael Reveland	M	CorePower Yoga	Fitness Challenge	11:20	0:14
38	1767 Len Bainbridge	M	Victory4You Fitness	Fitness Challenge	11:21	0:14
39	949 Greg West	M	Anytime on Grand Avenue	Fitness Challenge	11:23	0:14
40	1300 Erin Klegstad	F	lululemon athletica	Fitness Challenge	11:23	0:14
41	945 Maria Hartwell	F	Anytime on Grand Avenue	Fitness Challenge	11:36	0:14
42	984 Dan Teece	M	Catalyst Institute	Fitness Challenge	11:38	0:14
43	939 Cameron Deml	M	Anytime on Grand Avenue	Fitness Challenge	11:38	0:14
44	966 Mandy Stangl	F	Buffalo Anytime Fitness	Fitness Challenge	11:46	0:15
45	996 Matt Weyandt	M	CorePower Yoga	Fitness Challenge	11:46	0:15
46	963 Jeff Olson	M	Buffalo Anytime Fitness	Fitness Challenge	11:47	0:15
47	952 Dean Gagnon	M	Buffalo Anytime Fitness	Fitness Challenge	11:48	0:15
48	962 Bobbi Olson	F	Buffalo Anytime Fitness	Fitness Challenge	11:49	0:15
49	1775 Shari Stensland	F	Victory4You Fitness	Fitness Challenge	11:56	0:15
50	983 Lindsay Siolka	F	Catalyst Institute	Fitness Challenge	12:00	0:15

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51	953 Gordy Gustofson	M	Buffalo Anytime Fitness	Fitness Challenge	12:00	0:15
52	1244 Tiffany Crank	F	Fitness 101	Fitness Challenge	12:01	0:15
53	988 Leah Getsinger	F	CorePower Yoga	Fitness Challenge	12:03	0:15
54	991 Nicole Lyman	F	CorePower Yoga	Fitness Challenge	12:15	0:15
55	992 Tobi Lynden	F	CorePower Yoga	Fitness Challenge	12:16	0:15
56	1294 Candice Guertin	F	lululemon athletica	Fitness Challenge	12:16	0:15
57	964 Alisha Perkins	F	Buffalo Anytime Fitness	Fitness Challenge	12:23	0:15
58	1394 Mary Slanika	F	Rotaract Racers	Fitness Challenge	12:25	0:15
59	1296 Ashley Hanson	F	lululemon athletica	Fitness Challenge	12:25	0:15
60	1768 Nichole Haugen	F	Victory4You Fitness	Fitness Challenge	12:35	0:16
61	999 Sam Farber	M	Daniel's Cyclists	Fitness Challenge	12:42	0:16
62	1766 Larry Aumann	M	Victory4You Fitness	Fitness Challenge	12:49	0:16
63	1249 Toma Kraft	M	Fitness 101	Fitness Challenge	12:55	0:16
64	1770 Dana Jansen	F	Victory4You Fitness	Fitness Challenge	13:06	0:16

65	1247	Joann Kolles	F	Fitness 101	Fitness Challenge	13:06	0:16
66	944	Kate Gustafson	F	Anytime on Grand Avenue	Fitness Challenge	13:11	0:16
67	957	Josh Hinton	M	Buffalo Anytime Fitness	Fitness Challenge	13:13	0:16
68	1254	Tyler Smith	M	Fitness 101	Fitness Challenge	13:19	0:16
69	990	Chelsea Jasin	F	CorePower Yoga	Fitness Challenge	13:19	0:16
70	1315	Kallen Bahl	F	Mgayle Studio	Fitness Challenge	13:20	0:16
71	1783	Kate Rya	F	Mgayle Studio	Fitness Challenge	13:21	0:17
72	948	Courtney Nagle	F	Anytime on Grand Avenue	Fitness Challenge	13:23	0:17
73	1255	Shawn Spence	F	Fitness 101	Fitness Challenge	13:29	0:17
74	1248	Kari Kraft	F	Fitness 101	Fitness Challenge	13:30	0:17
75	1257	Anne Zajackowski	F	Fitness 101	Fitness Challenge	13:31	0:17
76	960	Ben Lundin	M	Buffalo Anytime Fitness	Fitness Challenge	13:38	0:17
77	941	Carol Fortman	F	Anytime on Grand Avenue	Fitness Challenge	13:44	0:17
78	1786	Katie Henrichsen	F	Mgayle Studio	Fitness Challenge	13:48	0:17
79	1297	Abby Harrell	F	lululemon athletica	Fitness Challenge	13:49	0:17
80	993	Ryan Morris	M	CorePower Yoga	Fitness Challenge	13:49	0:17
81	1777	Tarryl Strobusch	F	Victory4You Fitness	Fitness Challenge	13:50	0:17
82	1298	Max Harrell	M	lululemon athletica	Fitness Challenge	13:51	0:17
83	980	Jennifer Ahern	F	Catalyst Institute	Fitness Challenge	13:56	0:17
84	1320	Judith Halabrin	F	Mgayle Studio	Fitness Challenge	13:58	0:17
85	987	Jason Brand	M	CorePower Yoga	Fitness Challenge	14:00	0:17
86	989	Paul Heckmann	M	CorePower Yoga	Fitness Challenge	14:00	0:17
87	951	Carrie Fasching	F	Buffalo Anytime Fitness	Fitness Challenge	14:05	0:17
88	998	Noah Farber	M	Daniel's Cyclists	Fitness Challenge	14:09	0:17
89	965	Laurie Rumsey	F	Buffalo Anytime Fitness	Fitness Challenge	14:11	0:18
90	985	Rita Vance	F	Catalyst Institute	Fitness Challenge	14:28	0:18
91	1321	Kevin Hamlin	M	Mgayle Studio	Fitness Challenge	14:37	0:18
92	1772	Mike Obermuller	M	Victory4You Fitness	Fitness Challenge	14:44	0:18
93	1316	Pamela Broz	F	Mgayle Studio	Fitness Challenge	14:52	0:18
94	1314	Andrew Aiello	M	Mgayle Studio	Fitness Challenge	15:07	0:19
95	1769	Sarah Hockman	F	Victory4You Fitness	Fitness Challenge	15:08	0:19
96	1291	Elizabeth Tkachuck	F	Jessa & Dani's Team	Fitness Challenge	15:14	0:19
97	1283	Michael Anderson	M	Ironheart Racing Team	Fitness Challenge	15:26	0:19
98	1285	Larry Wigley	M	Ironheart Racing Team	Fitness Challenge	15:28	0:19
99	943	Michelle Goodwin	F	Anytime on Grand Avenue	Fitness Challenge	15:32	0:19
100	938	Jeff Cassellius	M	Anytime on Grand Avenue	Fitness Challenge	15:37	0:19

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101	1303 Erica Muellner	F	lululemon athletica	Fitness Challenge	15:55	0:20
102	1322 Sonya Johnson	F	Mgayle Studio	Fitness Challenge	16:14	0:20
103	1387 Jody Bergan	F	Rotaract Racers	Fitness Challenge	16:20	0:20
104	1388 Andy Burton	M	Rotaract Racers	Fitness Challenge	16:26	0:20
105	1323 Tricia Schulte	F	Mgayle Studio	Fitness Challenge	16:36	0:20
106	1305 Molly Wengler	F	lululemon athletica	Fitness Challenge	16:39	0:20
107	1304 Alison Utne	F	lululemon athletica	Fitness Challenge	16:48	0:21
108	1301 Kim Larson	F	lululemon athletica	Fitness Challenge	17:03	0:21
109	1295 Lauren Hahn	F	lululemon athletica	Fitness Challenge	17:08	0:21
110	1251 Ashley Moonen	F	Fitness 101	Fitness Challenge	17:18	0:21
111	1771 Kirk Nelson	M	Victory4You Fitness	Fitness Challenge	17:29	0:21
112	956 Amber Herrig	F	Buffalo Anytime Fitness	Fitness Challenge	17:30	0:21
113	1253 Dawn Smith	F	Fitness 101	Fitness Challenge	17:30	0:21
114	1289 Tyrone Primoli	M	Jessa & Dani's Team	Fitness Challenge	17:38	0:22
115	1774 Meta Schommer	F	Victory4You Fitness	Fitness Challenge	18:34	0:23
116	986 Kiira Wilcox	F	Catalyst Institute	Fitness Challenge	18:44	0:23
117	1389 Aaron Davis	M	Rotaract Racers	Fitness Challenge	19:48	0:24
118	1787 Renae Clematson	F	Rotaract Racers	Fitness Challenge	22:19	0:27
119	1325 Aly Sundberg	F	Mgayle Studio	Fitness Challenge	23:42	0:29
120	1318 Kelly Flaherty	F	Mgayle Studio	Fitness Challenge	23:46	0:29
121	1292 Miranda Tkachuck	F	Jessa & Dani's Team	Fitness Challenge	24:45	0:30
122	1288 Anna Milleson	F	Jessa & Dani's Team	Fitness Challenge	24:45	0:30
123	1293 Annie Tollefson	F	Jessa & Dani's Team	Fitness Challenge	26:45	0:33